How do you feel about your life right now, on scale 1-10?

What would improve it?

What type of work do you do and what role does your job/career play in your life?

What are you interested in/mostly spend time on outside of work?

Please could you think about three of your most prominent challenges in your life right now?

1.

2.

3.

What is the relationship with yourself like and how has it evolved over the years?

How have you learned to give and receive love?

How does sex and intimacy manifest in your life and relationships? How do you communicate them?

What is the goal(s) you would like to work towards with me?

***Thank you very much for answering these!***